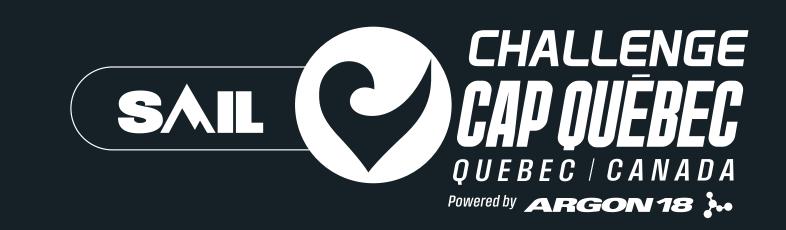
SCHEDULE FRIDAY JULY 19, 2024



EVENT	START	END	LOCATION
Open Water Swim Training	7:00 AM	5:00 рм	Bassin Louise L'Oasis
P113 DEMI Triathlon Registrations Athlete Kit Pick-up No check in on Sunday	12:00 рм	7:30 рм	Cruise Ship Terminal 84 Dalhousie
DISCOVERY + C25 SPRINT + A51 OLYMPIC Triathlon Registrations Athlete Kit Pick-up No check in on Saturday	12:00 рм	7:30 рм	Cruise Ship Terminal 84 Dalhousie
Media and VIP Area	12:00 рм	6:00 рм	Cruise Ship Terminal 84 Dalhousie
Information Center, EXPO, and Shops	12:00 рм	7:00 рм	L'Agora Port Quebec
MINICAP Run Registrations	12:00 рм	7:00 рм	L'Agora Port Quebec EXPO
DISCOVERY + C25 SPRINT + A51 OLYMPIC Transition Area - Opening Mandatory Bike Check-In	2:00 рм	8:00 рм	Cruise Ship Terminal 84 Dalhousie
DISCOVERY + C25 SPRINT + A51 OLYMPIC Mandatory Athlete Meeting	4: 30 рм ои 6:30 рм		L'Agora Port Quebec Main Stage Finish Line Area
DISCOVERY + C25 SPRINT + A51 OLYMPIC Mandatory Athlete/Team Meeting	7:30 рм		Cruise Ship Terminal Transition Zone 84 Dalhousie

*SUBJECT TO CHANGE









SCHEDULE SATURDAY JULY 20, 2024



EVENT	START	END	LOCATION
Information Center	5:20 ам	5:00 рм	L'Agora Port Quebec
Transition Area - Opening Equipment Drop-off	5:20 ам	6:30 ам	Cruise Ship Terminal Transition Zone 84 Dalhousie
Information Center, Media and VIP	6:00 ам	9:00 am	Bassin Louise Espace Quatre Cents
Athletes' Morning Bag Drop-off	6:30 ам	8:30 am	Bassin Louise Port of Quebec Swim Start Area
Protocol Ceremony	6:50 ам		Bassin Louise Port of Quebec Swim Start Area
VIP Area	7:00 ам	1:00 рм	L'Agora Port Quebec Finish Line Area
DISCOVERY Triathlon Start All Age Groups (Rolling Start)	7:00 ам		Bassin Louise Port of Quebec Swim Start Area
C25 SPRINT Triathlon Start All Age Groups (Rolling Start)	7:45 ам		Bassin Louise Port of Quebec Swim Start Area
A51 OLYMPIC Triathlon Start All Age Groups (Rolling Start)	8:30 ам		Bassin Louise Port of Quebec Swim Start Area
Expo and Shops	8:30 am	5:00 рм	L'Agora Port Quebec Finish Line Area
MINICAP Run Registration	8:30 ам	1:30 рм	L'Agora Port Quebec EXPO
DISCOVERY + C25 SPRINT Equipment Pick-up	9:00 am	12:30 рм	Cruise Ship terminal Transition Zone 84 Dalhousie
Open Water Swim Training	10:00 am	5:00 рм	Bassin Louise L'Oasis

*SUBJECT TO CHANG









SCHEDULE SATURDAY JULY 20, 2024



EVENT	START	END	LOCATION
DISCOVERY + C25 SPRINT Athletes' Ceremony Awards and Medals Ceremony	10:30 ам		L'Agora Port Quebec Main Stage Finish Line Area
A51 OLYMPIC Equipment Pick-up	11:00 ам	12:30 рм	Cruise Ship Terminal Transition Zone
A51 OLYMPIC Athletes' Ceremony Awards and Medals Ceremony	12:00 рм		L'Agora Port Quebec Main Stage Finish Line Area
P113 DEMI Triathlon Registration Athlete Kit Pick-up	12:00 рм	4:00 рм	Cruise Ship Terminal Transition Zone 84 Dalhousie
Professional Athletes Briefing	1:00 рм		Cruise Ship Terminal Transition Zone 84 Dalhousie
P113 DEMI Transition Area - Opening Mandatory Bike Check-In	1:30 рм	5:30 рм	Cruise Ship Terminal Transition Zone 84 Dalhousie
MINICAP Run Start [500 m and 1 km]	2:00 рм	2:30 рм	L'Agora Port Quebec Finish Line Area
P113 DEMI Mandatory Athlete Meeting	2:30 рм ои 4:30 рм		L'Agora Port Quebec Main Stage Finish Line Area
P113 DEMI Mandatory Athlete/Team Meeting At least 1 team member must attend	5:00 рм		Cruise terminal Transition Zone 84 Dalhousie

*SUBJECT TO CHANGE









SCHEDULE SUNDAY JULY 21, 2024



EVENT	START	END	LOCATION
Information Center	5:20 ам	5:00 рм	L'Agora Port Quebec
Transition Area - Opening Equipment Drop-off	5:20 ам	6:30 ам	Cruise Ship Terminal Transition Zone 84 Dalhousie
Information Center, Media and VIP	6:00 ам	9:00 ам	Bassin Louise Espace Quatre Cents
Morning Athlete Bag Drop-off	6:30 ам	7:00 ам	Bassin Louise Port of Quebec Swim Start Area
Protocol Ceremony	6:50 ам		Bassin Louise Port of Quebec Swim Start Area
P113 DEMI Triathlon Start Professional Men	7:00 ам		Bassin Louise Port of Quebec Swim Start Area
P113 DEMI Triathlon Start Professional Women	7:02 ам		Bassin Louise Port of Quebec Swim Start Area
P113 DEMI Triathlon Start All Age Groups (Rolling Start)	7:07 ам		Bassin Louise Port of Quebec Swim Start Area
Expo and Shops	8:30 ам	5:00 рм	L'Agora Port Quebec Finish Line Area
P113 DEMI Equipment Pick-up	11:30 ам	5:00 рм	Cruise Ship Terminal Transition Zone 84 Dalhousie
P113 DEMI Athletes' Ceremony Awards and Medals Ceremony	4:00 рм		L'Agora Port Quebec Main Stage Finish Line Area
End of activities, see you next year!	5:00 рм		

